



New Zealand Immigration Medical Examination (IME)

For a summary of information regarding your IME, please read the below instructions carefully.

For more detailed visa information please visit: <https://www.immigration.govt.nz/>

Tests required and their cost

All tests must be done at the Panel Clinic (this is the INZ regulation).

- 501 (Medical Exam) - All Applicants - R1800
- 502 (Chest Xray) - Applicants 11 years and older - +/- R1700
- Blood Work - Applicants 15 years and older - R900

Blood work includes: HIV, Hepatitis B/C, Syphilis, Full Blood Count, Kidney Function, HbA1c

(Pricing as per 2024)



AT your Panel Physician appointment:

All applicants bring the following to your appointment at ShipMed:

- **ORIGINAL Passport of each applicant. (No copies of any kind are accepted).**
- No photos are required.
- All required paperwork will be provided at ShipMed. X-ray (502) requirements
- The X-ray must be done at Lake, Smit and Partners (Panel Radiologists) at Entabeni Hospital (Ground Floor) after your medical exam (501) is complete.

Payment Options

- Credit Card
- EFT (Proof of Payment must be provided at the appointment)
- Cash

Note: we do not deal with medical aid under any circumstances.





ShipMed
Medical Services

New Zealand Immigration Medical Examination (IME)

Duration of Medical

On the day you will be required to:

- Fill in multiple forms (only available at the Panel Clinic)
- Have a photo taken
- Be checked by a nurse
- Be examined by the Panel Physician It will take approximately 30 – 45 minutes per applicant (e.g. Family of four will take approximately three hours)

Preparation for the Medical

No fasting or special dieting is required.

Menstruation – as there is a mandatory urine test for all applicants, we suggest that you wait until seven days after your period ends to have your appointment.

Clothing – shorts and a T-shirt are preferable.

You will be required to remove clothing that cannot be easily manipulated to reveal most of your body (a gown is provided in this instance).

Specialist Reports – your Panel Physician will advise you at the appointment if any further specialist reports are required.



What will be examined?

All the major systems will be examined. Genitalia will not be examined A breast exam will be performed if:

- there is a history of breast cancer either in the applicant or the applicant's direct female relatives.
- The applicant is over 45 years old AFTER your Panel Physician Appointment Once the medical is complete you will go for your chest x-ray (if required)

Processing times:

if there are no apparent problems with your medical (501), chest x-ray (502) or bloods (if required) then your medical will take up to TEN working days to be submitted, via eMedical, to the New Zealand Government.

If further information is required due to findings made during the exam, then you will be informed by your panel clinic of what will be required next and of the expected timeframe for submission.

Please do not contact ShipMed with queries regarding submission if it is within 10 working days.

Note: the nature of the IME medical is to assess your health in order to be assessed for a Visa by the New Zealand Government. It is not a "fit to fly" medical. If an applicant is concerned about their fitness to fly then we strongly advise that you see your personal doctor for a "fit to fly" assessment

